

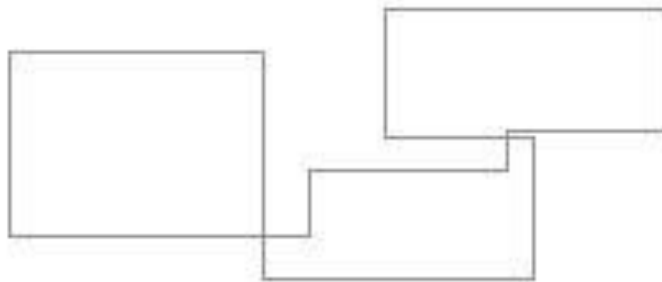


MOULSHAM HIGH SCHOOL

SPECIALISING IN ENGLISH AND THE HUMANITIES

YOUNG CARERS POLICY

September 2026



Date of Draft Policy:	July 2026	
Consultation with Staff Required	YES	NO ✓
Period of Consultation (if required)	From n/a	To n/a
Date of LGC Meeting at which Policy Approved (if required)	1 st July 2026	
Date of Adoption of Policy	1 st September 2026	
Date Policy available on Central Area/www (if appropriate)	1 st September 2026	

PROVISION FOR YOUNG CARERS

At Moulsham High School we believe all young people have a right to an education, regardless of their situation at home. When a young person has a caring responsibility they may need extra support to help thrive, achieve and belong at school. We define a Young Carer as a young person under 18 who provides regular unpaid care for a family member or friend who is ill, disabled, has a mental health condition, or struggles with substance misuse. has caring responsibilities for a family member with a disability, health condition or substance misuse issue. Young carers may provide physical care, personal care, help with medication or practical tasks, provide emotional support, support siblings or help the person communicate effectively. This policy outlines how we will seek to identify, raise awareness of and offer support to any student who looks after someone at home.

1. Our School:

- 1.1. Has a member of staff with special responsibility for young carers, and informs all new students who the member of staff is and what they can do to help. They are known as the Young Carers lead;
- 1.2. Provides training and information to staff members on how to identify young carers and signpost them to the relevant support;
- 1.3. Proactively identifies young carers and raise awareness of the issues they face as well as the support that is available (for example during form/tutor time, assemblies, PSHE sessions);
- 1.4. Makes referrals to the Young Carers Project where appropriate and with the family and young person's permission;
- 1.5. Provides information on our support for young carers on our website for current and prospective students and parents;
- 1.6. Allows young carers access to their mobiles in a private space to contact home during breaks and lunchtimes if needed;
- 1.7. Has information about young carers available and proactively asks about caring responsibilities during the admissions process;
- 1.8. Does not make assumptions about family members with disabilities, mental and physical health conditions or substance misuse issues, or label young people and their families;
- 1.9. Respects the young person's right to privacy and only shares information on them and their family with people who need to know. Their home situation and caring role is not to be discussed in front of their peers;
- 1.10. Treats young carers in a sensitive and child-centred way, upholding confidentiality. The young person's caring role is acknowledged and respected;
- 1.11. Includes young carers in any existing transition package so that relevant support is highlighted to the young person;
- 1.12. Presents assemblies about young carers early on in the school year;
- 1.13. Collects the views of young carers and parents of young carers through half-termly parent and student voice.
- 1.14. Ensures its commitment to meeting the needs of young carers is reflected in all relevant school policies.

2. Further Pathway of Support:

- 2.1. If staff/parents have a concern about a young person who may be showing signs they have caring responsibilities at home, it should be brought to the attention of the relevant Standards and Progress Leader in the first instance.
- 2.2. Each young carer has an individual plan as part of our Inclusion Strategy which recognises their needs and the support offered to them;

- 2.3. The school keeps up to date with national and local developments and with legislation and guidance affecting young carers and their families;
 - 2.4. The school is accessible and welcoming to parents with disabilities and/or illness, offering additional support to enable them to attend parents' evenings or other school events;
 - 2.5. The school removes any barriers to communication with parents so that they can fully engage with their child's education.
3. Transition Support in Place for Young Carers:
 - 3.1. The school offers support to the student and their family during the transition process, sharing agreed information with their new school/college/university lead for young carers and their families;
 - 3.2. The school identifies young carers at risk of NEET and takes appropriate action to address this.
4. The school meets the requirements of the Equality Act 2010.
5. Monitoring and Review of Policy and Practice:
 - 5.1. The Headteacher is responsible for overseeing the implementation and review of policy in collaboration with the young carers;
 - 5.2. A Link Governor for this policy carries out regular monitoring visits and feedback to the Local Governing Committee.
6. This Policy Operates in Conjunction with the Following School and Trust Policies:
 - 6.1. Attendance Policy;
 - 6.2. Child Protection and Safeguarding Policy;
 - 6.3. Student Behaviour Policy.

This policy is reviewed annually.